

NORTHEAST NATURIST FESTIVAL, August 1-6, 2017

Breakfast 7:30- 9:00 AM	Lunch: Noon – 1:30 PM	Supper: 5:30 – 7:00 PM
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TUESDAY, 8/1/2017

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| 1:30 | OPENING FRIENDSHIP CIRCLE | 4:30 | Values Sort: Your Ideal Nudist Event |
| 2:30-5:30 | Sweat Lodge Construction
<i>Build the Native American type lodge.</i> | 4:30 | The Five Languages of Love
<i>Enhance your relationships by discovering your own and your partner's desired expressions of love. Experiential.</i> |
| 2:30 | Sexuality & Aging <i>Live a fuller sexual/sensual life.</i> | 4:30 | Sprouting <i>Which seeds can be sprouted, easy sprouting and storing techniques, recipes, demo, samples to eat.</i> |
| 2:30 | Cards Against Humanity
<i>A hilarious party game for horrible people.</i> | 4:30 | Children's Activity: Living with Wolves
<i>Your dog is a wolf; the heroic history of your dog's ancestor through videos, stories, and film.</i> |
| 2:30 | Nudist Lifestyle in Today's Economy
<i>Share experiences, strategies and tips.</i> | 4:30 | Coffee House: Team Trivia |
| 2:30 | Children's Activity: Pool Time Fun | 7-10:00 | Back to One: Take 2 (Comedy Performance for All Ages)
<i>Surviving and loving it. Laugh and cry with this travelog of life.</i> |
| 3:30 | Puja <i>Mostly non-verbal introduction to tantra & each other.</i> | 7:00 | Square Dance <i>Fun square dances. No experience necessary.</i> |
| 3:30 | The Politics of Children in Naturism
<i>The challenges to children's participation in naturism.</i> | 8-10:00 | Drum Circle & Bonfire with Dancing |
| 3:30 | West African Drumming for All Ages
<i>Learn the rhythm parts that create an African dance.</i> | 9-11:30 | Scrooge In August (performance) <i>Version of Christmas Carol.</i> |
| 4:30 | Singles Meet & Greet | 10:00 | Planet Tour
<i>Telescope observation of Jupiter, Saturn, and the moon.</i> |
| 4:30 | Don't Rub Me the Wrong Way <i>Massage techniques.</i> | 10:00 | |
| 4:30 | West African Dance for All Ages
<i>African dance movements to build your body and spirit.</i> | | |
| 7-10:00 | Coffee House: Welcome Back Meet & Greet | | |
| 7:00 | We Are Professional Naked People (A Comedy Performance for All Ages) <i>Experiences as models and actors and "professional naked people."</i> | | |
| 8:00 | A Sword in the Attic
<i>Learn about Thomas Hall, Civil War Union hero, and the genealogical search that rediscovered him.</i> | | |
| 9-11:30 | Drum Circle & Bonfire with Dancing | | |
| 9:00 | Naturist Ben (Performance)
<i>Life of this important statesman, scientist, & naturist.</i> | | |
| 10:00 | Deborah Read Franklin (Performance)
<i>The faithful dutiful wife of Ben Franklin. Discover the strengths, passion and dedication of a feisty lady.</i> | | |
| 10:00 | Planet Tour
<i>Telescope observation of Jupiter, Saturn, and the moon.</i> | | |

WEDNESDAY, 8/2/2017

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| 9-2:30 | Potters Falls Trip <i>Clothing optional hike through beautiful gorge; swim below waterfall.</i> | 1:30 | Recovery Plus <i>For individuals, family members and friends struggling with effects of addiction/compulsion.</i> |
| 9:00 | Finding Your Roots I
<i>Share experiences in searching for ancestors.</i> | 1:30 | Body Parts Game for All Ages |
| 10:00 | The Bare Facts of Healthy Laughter
<i>Experience healthful effects on mind, body, heart and spirit.</i> | 2:30 | Involving Young Adults & Families in Naturism
<i>People aged 18-30 do become active naturists - a successful model for offering what young adults and families want.</i> |
| 10:00 | How Much of a Nudist Are You? | 2:30 | Singles Meet & Greet |
| 11:00 | Pickleball For Beginners | 2:30 | Children's Activity: Pool Time Fun |
| 11:00 | Modeling for Art Classes
<i>Being an artist's model. Artists welcome.</i> | 3:30-5:30 | Conscious Communicate
<i>Consent and boundaries workshop with nonsexual cuddling.</i> |
| 1:30 | Vacation Wrecker's Help Group
<i>For couples who need a fresh restart.</i> | 3:30 | Every Body Poops, Just Most Don't Talk About It
<i>What your poop can tell you about your health.</i> |
| 1:30 | Cooking Demo - Dessert <i>How to make a simple dessert.</i> | 3:30 | Exotic Fruit Tasting for All Ages |
| 1:30 | Sweat Lodge Orientation
<i>What to expect, Inipi Purification Ceremony.</i> | 4:30 | Transformational Meditation
<i>Use your breath to connect with inner wisdom and improve your physical, emotional and mental health.</i> |
| 2:30 | Naturist Rochester <i>Oldest TNS nonlanded club.</i> | 4:30 | Children's Activity: Hoola Hooping |
| 2:30 | Speed Friending <i>Get to know new people.</i> | 7-10:00 | Coffee House: Wii Bowling |
| 2:30 | Say Hello to Breasts; They Have Something to Tell You
<i>Professional breast screening, and the opportunity to learn how to perform your own breast self-examination.</i> | 7-9:00 | Makid: A View From Outside the Box
<i>Understanding the universe through nature.</i> |
| 2:30 | Children's Activity: Pool Time Fun | 7:00 | Calamity Jane The Truth --- Maybe. (Performance for All Ages) <i>Calamity Jane, whose fiction has become truth.</i> |
| 3:30 | First Time & Interesting Nudist Experiences | 8:00 | Naturist CaBAREt
<i>Songs by The Naturist Society Opera-Musical Theater SIG.</i> |
| 3:30 | Body Image <i>Video & discussion.</i> | 9-11:30 | Drum Circle & Bonfire with Dancing |
| 3:30 | Sundial I <i>Introduction to sundial concepts, designs, & types.</i> | 9:00 | Southern Africa: Beauty & the Beast <i>Slide show.</i> |
| 3:30 | Children's Activity: Scavenger Hunt | 10:00 | Black + White + Santa Claus = 23 (Performance)
<i>Race, religion, bigotry, Santa Claus & Pope John Paul II.</i> |

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| 4:30 | Recovery Plus <i>For individuals, family members and friends struggling with effects of addiction/compulsion.</i> | 9:00 | Recovery Plus <i>For individuals, family members and friends struggling with effects of addiction/compulsion.</i> |
| 4:30 | Finding Your Roots II
<i>Share experiences in searching for ancestors.</i> | 9:00 | Recovery Plus <i>For individuals, family members and friends struggling with effects of addiction/compulsion.</i> |
| 4:30 | Ibogaine: The Drug Addiction Interrupter
<i>What is Ibogaine, and how can it help you?</i> | 9:00 | Finding Your Roots II
<i>Share experiences in searching for ancestors.</i> |
| 4:30 | Stitch 'n Bitch
<i>Bring your needlework; complain about whatever.</i> | 10:00 | Ibogaine: The Drug Addiction Interrupter
<i>What is Ibogaine, and how can it help you?</i> |
| 4:30 | The Mighty Works of Women in the Bible
<i>Women who accomplished great things.</i> | 10:00 | Stitch 'n Bitch
<i>Bring your needlework; complain about whatever.</i> |
| 4:30 | Smoothie Jam for All Ages
<i>Come enjoy a morning smoothie in your pajamas.</i> | 10:00 | The Mighty Works of Women in the Bible
<i>Women who accomplished great things.</i> |
| 4:30 | GENERAL ASSEMBLY | 10:00 | Smoothie Jam for All Ages
<i>Come enjoy a morning smoothie in your pajamas.</i> |
| 4:30 | Sweat Lodge <i>Native American purification ceremony.</i> | 11:00 | GENERAL ASSEMBLY |
| 4:30 | Shamanic Journey <i>Journey for a message of spiritual guidance from a power animal or spiritual teacher.</i> | 1:30-5:30 | Sweat Lodge <i>Native American purification ceremony.</i> |
| 4:30 | CaBAREt Rehearsal | 1:30-3:30 | Shamanic Journey <i>Journey for a message of spiritual guidance from a power animal or spiritual teacher.</i> |
| 4:30 | Body Parts Game for All Ages | 1:30 | CaBAREt Rehearsal |
| 4:30 | Involving Young Adults & Families in Naturism
<i>People aged 18-30 do become active naturists - a successful model for offering what young adults and families want.</i> | 1:30 | Body Parts Game for All Ages |
| 4:30 | Singles Meet & Greet | 2:30 | Involving Young Adults & Families in Naturism
<i>People aged 18-30 do become active naturists - a successful model for offering what young adults and families want.</i> |
| 4:30 | Children's Activity: Pool Time Fun | 2:30 | Singles Meet & Greet |
| 4:30 | Conscious Communicate
<i>Consent and boundaries workshop with nonsexual cuddling.</i> | 2:30 | Children's Activity: Pool Time Fun |
| 4:30 | Every Body Poops, Just Most Don't Talk About It
<i>What your poop can tell you about your health.</i> | 2:30 | Conscious Communicate
<i>Consent and boundaries workshop with nonsexual cuddling.</i> |
| 4:30 | Exotic Fruit Tasting for All Ages | 3:30-5:30 | Every Body Poops, Just Most Don't Talk About It
<i>What your poop can tell you about your health.</i> |
| 4:30 | Transformational Meditation
<i>Use your breath to connect with inner wisdom and improve your physical, emotional and mental health.</i> | 3:30 | Exotic Fruit Tasting for All Ages |
| 4:30 | Children's Activity: Hoola Hooping | 3:30 | Transformational Meditation
<i>Use your breath to connect with inner wisdom and improve your physical, emotional and mental health.</i> |
| 4:30 | Coffee House: Wii Bowling | 4:30 | Children's Activity: Hoola Hooping |
| 4:30 | Makid: A View From Outside the Box
<i>Understanding the universe through nature.</i> | 7-10:00 | Coffee House: Wii Bowling |
| 4:30 | Calamity Jane The Truth --- Maybe. (Performance for All Ages) <i>Calamity Jane, whose fiction has become truth.</i> | 7-9:00 | Makid: A View From Outside the Box
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| 4:30 | Drum Circle & Bonfire with Dancing | 8:00 | Naturist CaBAREt
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| 4:30 | Southern Africa: Beauty & the Beast <i>Slide show.</i> | 9-11:30 | Drum Circle & Bonfire with Dancing |
| 4:30 | Black + White + Santa Claus = 23 (Performance)
<i>Race, religion, bigotry, Santa Claus & Pope John Paul II.</i> | 9:00 | Southern Africa: Beauty & the Beast <i>Slide show.</i> |
| 4:30 | | 10:00 | Black + White + Santa Claus = 23 (Performance)
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THURSDAY, 8/3/2017

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| 9:00 | Recovery Plus <i>For individuals, family members and friends struggling with effects of addiction/compulsion.</i> | 9:00 | Recovery Plus <i>For individuals, family members and friends struggling with effects of addiction/compulsion.</i> |
| 9:00 | Finding Your Roots II
<i>Share experiences in searching for ancestors.</i> | 9:00 | Recovery Plus <i>For individuals, family members and friends struggling with effects of addiction/compulsion.</i> |
| 9:00 | Ibogaine: The Drug Addiction Interrupter
<i>What is Ibogaine, and how can it help you?</i> | 9:00 | Finding Your Roots II
<i>Share experiences in searching for ancestors.</i> |
| 9:00 | Stitch 'n Bitch
<i>Bring your needlework; complain about whatever.</i> | 10:00 | Ibogaine: The Drug Addiction Interrupter
<i>What is Ibogaine, and how can it help you?</i> |
| 9:00 | The Mighty Works of Women in the Bible
<i>Women who accomplished great things.</i> | 10:00 | Stitch 'n Bitch
<i>Bring your needlework; complain about whatever.</i> |
| 9:00 | Smoothie Jam for All Ages
<i>Come enjoy a morning smoothie in your pajamas.</i> | 10:00 | The Mighty Works of Women in the Bible
<i>Women who accomplished great things.</i> |
| 9:00 | GENERAL ASSEMBLY | 10:00 | Smoothie Jam for All Ages
<i>Come enjoy a morning smoothie in your pajamas.</i> |
| 9:00 | Sweat Lodge <i>Native American purification ceremony.</i> | 11:00 | GENERAL ASSEMBLY |
| 9:00 | Shamanic Journey <i>Journey for a message of spiritual guidance from a power animal or spiritual teacher.</i> | 1:30-5:30 | Sweat Lodge <i>Native American purification ceremony.</i> |
| 9:00 | CaBAREt Rehearsal | 1:30-3:30 | Shamanic Journey <i>Journey for a message of spiritual guidance from a power animal or spiritual teacher.</i> |
| 9:00 | Body Parts Game for All Ages | 1:30 | CaBAREt Rehearsal |
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| 9:00 | Children's Activity: Pool Time Fun | 2:30 | Singles Meet & Greet |
| 9:00 | Conscious Communicate
<i>Consent and boundaries workshop with nonsexual cuddling.</i> | 2:30 | Children's Activity: Pool Time Fun |
| 9:00 | Every Body Poops, Just Most Don't Talk About It
<i>What your poop can tell you about your health.</i> | 2:30 | Conscious Communicate
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| 9:00 | Exotic Fruit Tasting for All Ages | 3:30-5:30 | Every Body Poops, Just Most Don't Talk About It
<i>What your poop can tell you about your health.</i> |
| 9:00 | Transformational Meditation
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| 9:00 | | 10:00 | Black + White + Santa Claus = 23 (Performance)
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For additional information on each workshop see www.empirehaven.net.

FRIDAY, 8/4/2017

9:00	Countries Where Tribal Naturism is Still Practiced <i>From remote areas to cosmopolitan regions.</i>	1:30
9:00	Recovery Plus <i>For individuals, family members and friends struggling with effects of addiction/compulsion.</i>	1:30
9:00	Sundial 2 <i>Demonstration of a hemispherical sundial.</i>	2:30
9:00	Don't Rub Me the Wrong Way <i>Massage techniques.</i>	2:30
10:00	How Did You Come to Be a Naturist?	2:30
10:00	Being a Photographer's Model <i>Techniques & practice. Photographers welcome.</i>	2:30
10:00	Choices: Values in Relationships Game <i>Discover/clarify what values are important to you in establishing or enhancing a relationship.</i>	3:30-5:00
10:00	West African Drumming for All Ages <i>Learn the rhythm parts that create an African dance.</i>	3:30-5:00
11:00	Water Aerobics	
11:00	Nude Apples to Apples <i>Nude twist on this popular game.</i>	
11:00	Sweat Lodge Orientation <i>What to expect, Inipi Purification Ceremony in the Lakota tradition.</i>	3:30-5:00
11:00	West African Dance for All Ages <i>African dance movements to build your body and spirit.</i>	5:00
1:30-5:30	Sweat Lodge <i>Native American purification ceremony.</i>	7-9:00
1:30	Nutrition for Healthy Aging <i>The interface between the wisdom of our ancestors and modern nutritional research.</i>	7:00
1:30	Naturist Capture the Flag for All Ages	8:00
2:30	Dances of Universal Peace <i>Sacred circle dances from the world's religious traditions. Easily learned, a fun and deepening experience.</i>	9-11:30
2:30	Sarong Tying	9-11:30
2:30	Eating Raw I: Kicking the Grain Addiction <i>Learn some techniques to prepare food without the use of grains and without cooking.</i>	9:00
3:30	Protecting Your Digital Life <i>This can save you thousands of dollars. Learn about digital attacks and defenses.</i>	10-11:30
3:30	A Gathering of Divine Beings <i>Ancient ritual in a sacred space.</i>	SUNDAY, 8/6/2017
3:30	Body Painting for All Ages	9-12:00
4:30	The Joy of Journaling <i>A tool to plant the seeds of transformation.</i>	9:00
4:30	Eating Raw 2: Coconuts <i>Selecting and using coconut.</i>	9:00
4:30	Children's Activity: It's Slime Time	9:00
7:00-10:00	Coffee House: Open Mike	10:00
7:00-9:00	Faerie Elaine in Concert <i>The inspiring music of award-winning performer and recording artist Faerie Elaine.</i>	10:00
7:00	Children's Activity: Ice Cream Social & Swim	10:00
9-11:30	Drum Circle & Bonfire with Dancing	10:00
9:00	Mary Ann Harris Gay: Unsung Survivor (Performance) <i>Was she a traitor or savior?</i>	10:00
10-11:30	Nudist Exploitation Films <i>History of early films about nudism, followed by viewing a film from 1933.</i>	11:00
10:00	Oneg Shabbat <i>Open the Jewish Sabbath. All welcome.</i>	11:00

SATURDAY, 8/5/2017

9:00	Naturism in the Era of Trumpism <i>Discussion of freedoms.</i>	12-1:30
9:00	Recovery Plus <i>For individuals, family members and friends struggling with effects of addiction/compulsion.</i>	1:30
9:00	Religious Symbols & Their Meaning <i>Emblems spanning the world's belief systems.</i>	1:30
10-2:30	Sweat Lodge <i>Native American purification ceremony.</i>	1:30
10-12:00	Transforming Negative Energy <i>Ways we can release fear around events we can't control and move into our own inner strength and wisdom. Interactive.</i>	1:30
10-12:00	Couples Massage I	2:30
10-12:00	Children's Activity: Treasure Hunt	2:30
10:00	UFO's & Extraterrestrials 2017 <i>Discussion, answers, & opinions.</i>	2:30
11:00	Water Aerobics	2:30
1:00	David Bowden Memorial Coin Toss <i>Experiencing the gift that comes from giving.</i>	2:30
1:30	Naturist Action Committee: Local Issues in the Northeast	3:30

*How to facilitate change. What NAC can do to help.***Nude Poet's Society***Present your own poetry, your favorite poems, or listen.***Children's Activity: Pool Time Fun****Letting the World Know - Going Googleable***The joy and dangers of going public.***Puja** *Mostly non-verbal introduction to tantra & each other.***Sarong Tying****Children's Activity: Food Experiments****Trance Dance Body Painting****In Every Domestic Dog Beats the Heart of a Grey Wolf**
*Explore the social nature of the gray wolf and the seemingly strange behaviors of our dogs.***How to be Healthy in the 21st Century***Nutrition, meditation, yoga, visualization, exercise, herbs, aromatherapy, Ayurveda, dancing, drumming and more to maintain your physical and spiritual humanity.***Children's Activity: Water Slide, Water Balloon Launch GROUP PHOTO****Coffee House: Open Mike****Loving Sex Unleashed (Performance)***From preacher's kid to liberated lady.***Children's Activity: Campfire Cooking & Treats****David Redmond in Concert***Instrumental and folk rock music.***Starring the Pacers (Short Film Clips)****Drum Circle & Bonfire with Dancing****Lights on the Lake & Water Ceremony***Enriching and touching water ceremony.***Havdalah** *The close of the Jewish Sabbath. All beliefs welcome.***Trance Dance** *Tribal, dub step and trance.***SUNDAY, 8/6/2017****Sweat Lodge Deconstruction****Nondenominational Christian Worship Service****Recovery Plus** *For individuals, family members and friends struggling with effects of addiction/compulsion.***Testosterone - Looking Good at 100***What does testosterone do for us? What foods will increase and decrease it? Why is sunlight exposure so important?***How Public Are You About Being a Nudist?****Growing Through Forgiveness** *Using music & humor to release the past & get on with our life.***Couples Massage 2***For couples with massage experience or Couples Massage 1.***Children's Activity: We're All Different & Perfect****Water Aerobics****Spiritual Hierarchy in the Heavenlies***Strongholds, principalities, & the rulers of the "high places".***Pudding Toss for All Ages** *Messy, gooey free-for-all.***Skin Cancer Screening****Naturist Action Committee: Skinny Dipping Spots***Share safe skinny dipping spots.***Say Hello to Your Breasts; They Have Something to Tell You***Professional breast screening, and the opportunity to learn how to perform your own breast self-examination.***Cards Against Humanity***Hilarious party game for horrible people.***Children's Activity: Face Painting***Get your face painted for the parade.***Acceptance of Topfree Equality****Sexuality & Aging***Live a fuller sexual/sensual life.***Ethnobotany for Nudists***Plants protect from viruses & antibiotic resistant bacteria.***Children's Activity: Children's Parade****CLOSING FRIENDSHIP CIRCLE**